Mental Health Aspects of Emergencies and Disasters for Non-Mental Health Professionals (EM 230)

THE NEED
As described in the Pandemic and All-Hazards Preparedness Act, healthcare professionals and volunteers must be able to respond effectively to the psychological needs of affected individuals, response personnel and communities. Mental Health Aspects of Emergencies and Disasters for Non-Mental Health Professionals (EM 230) is designed to prepare non-mental health professionals to identify symptoms of mental health distress and refer affected individuals to appropriate behavioral health resources.

TARGET AUDIENCE
All healthcare professionals who may come in contact with victims during a disaster or other types of emergencies.

MODALITY
- Introductory
- Online course
- Certificate of completion
- 1.0 CME credit
- Brief video vignettes to enhance the learner experience

EM 230 TOPICS INCLUDE:
- Identify the emotional responses to a traumatic event, including behavioral, physical and cognitive responses
- Describe how professionals at your healthcare facility should address psychological problems of survivors after a critical incident
- Define psychological first aid, and indicate who is likely to need psychological support
- Recognize the red flags that indicate when to refer people for behavioral health assistance
- Describe the unique needs and concerns of special populations
- Discuss steps to ensure your own emotional well-being before, during and after an emergency or disaster